

# Timetables

## London

<b>City</b>	<b>Templeton House, Chiswell Street, London (Moorgate tube)</b>			
<b>Kickboxing</b>	<b>Wednesday</b>	<b>14.15 – 15:15</b>	<b>Richard</b>	<b>Adults</b>

# Timetables

## Surrey

### Horley Church of the English Martyres, Vicarage Lane, Horley, Surrey

Kickboxing	Monday	18:30 – 20:30	Lauren	Adults (12+)
Jiu Jitsu	Monday	18:30 – 19:30 19:30 – 20:30	Mark Mark	5-16 Adults (14+)

### Redhill Redhill Youth Association, Marketfield Way, Redhill, Surrey

**Intro to martial arts** Saturday 08.30 – 10:00 Richard Adults  
 This is a general martial arts class for beginner's aimed at giving them core skills prior to starting other classes.  
 The course runs for 6 weeks and starts first Saturday in the month

Aiki Jiu Jitsu Tuesday 20:00 – 22:00 Ben & Charlie Adults (14+) October

**Boxing (Professional)** Monday 19:00 – 22:00 Ian Adults  
 Tuesday 15:00 – 22:00 Ian Adults  
 Thursday 15:00 – 22:00 Ian Adults  
 Friday 15:30 – 20:00 Ian Adults

Jiu Jitsu Monday 10:30 – 11:30 Mark  
 14:30 – 15:30 Mark  
 20:00 – 22:00 Richard Adults (14+)  
 Tuesday 16:30 – 17:30 Mark Children  
 19:00 – 20:00 Adam 13-18  
 Wednesday 13:00 – 14:00 Mark

**Karate** Wednesday 17:00 – 18:00 Guy 5-16 & parents  
 Friday 20:00 – 22:00 Charlie & Dan Adults (14+)

Kickboxing Monday 19:00 – 20:15 Richard  
 Wednesday 17:15 – 18:15 Lauren  
 Thursday 19:00 – 21:00 Jay

**MMA** Monday 19:00 – 22:00 Richard

Jiu Tai Jitsu Tuesday 15:00 – 16:00 Mark  
 Saturday 08:30 – 10:00 Richard

**Self defence** Wednesday 11:00 – 12:30 Mark Women only

Tai Chi Wednesday 10:00 – 11:00 Joan Adults Yang Style

### Salfords Salfords Village Hall, Honeycrook Lane, Salfords, Surrey

Kickboxing Wednesday 18:30 – 19:45 Razi Adults (12+)

Jiu Tai Jitsu Wednesday 18:30 – 19:45 Richard 5-16  
 Thursday 20:00 – 21:45 Richard Adults (14+)

Tai Chi Thursday 20:00 – 21:15 Alice Adults Yang Style

### Woking Woking College, Woking, Surrey

Karate Thursday 19:30 – 21:00 Charlie Adults (14+)

# Timetables

## West Sussex

### Crawley

**Bewbush School, Bewbush, Crawley, W Sussex**

#### Jiu Tai Jutsu

<b>Monday</b>	<b>18:00 – 19:00</b>	<b>Dave</b>	<b>5-16</b>
	<b>19:00 – 20:00</b>	<b>Dave</b>	<b>Adults (14+)</b>

### Horsham

**Southwater Junior School, Southwater, Horsham, W Sussex**

#### Tai Chi

<b>Tuesday</b>	<b>17:30 – 18:30</b>	<b>Paul</b>	<b>Adults</b>	<b>Yang Style</b>
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